

## ANNUAL UPDATE STUDY DAY FOR MANUAL HANDLING FACILITATORS AND KEY TRAINERS

### **Aims of the course**

To update participants on any changes in current best practise in moving and handling and to facilitate the opportunity to share best practise.

### **Learning Outcomes**

This will change from year to year as the course content changes. As an example, these are the learning outcomes for the courses held in 2010.

By the end of the study day participants will:

- Have the opportunity to share 'best' practise in the delivering of training
- Learn some new 'tips and tricks' to enable your participants to understand the principles of safer moving and handling
- Have the opportunity to practise a variety of practical handling techniques depending on the needs of the group
- Have the opportunity to discuss challenging handling situations and to look at strategies to reduce the risks based on balanced decision making
- Explore 'Core' techniques to teach to beginners and 'problem solving techniques' for experienced staff
- Know where to find further information and support

